Foundations BIBLE STUDY



WELCOME TO THE AUSTIN RIDGE FOUNDATIONS BIBLE STUDY!

This study is designed to help you understand what it means to know Jesus as your Savior and what the Bible calls us to be and do as Christ Followers. The 6-week study will help you develop the habit of being in God's Word daily and give you a foundation in the Christian faith.

Each day has three components:

READ - read the passages of Scripture twice.

REFLECT – answer the three questions related to what you've read.

RESPOND – describe in your own words what the passage means and ways you can apply the passage to your life.

When you meet with your mentor, you will discuss the passages you've studied that week, any questions you may have, and next steps to help you apply the passages to your life.

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WEEK 1 | KNOWING JESUS

When you place your faith and trust in Jesus for the forgiveness of your sins, you become a new creation. You have a new identity. Some questions that might come up are: What does it mean to be a follower of Christ? What are the core values and beliefs that I should follow? What church do I attend? What sin area do I need to work on first? It can be daunting and intimidating. The good news is that God's Word helps us answer these questions and many more.

DAY 1 - SIN

Sin is choosing to live and act contrary to God's will.

READ

Romans 3:23; Romans 6:23; Romans 5:6-8

1. What does Romans 3:23 say about who

REFLECT

has sinned?

2. What does Romans of sin?	6:23 say	about the	penalty

3. Put Romans 5:6-8 in your own words.

RESPOND

DAY 2 - SALVATION	RESPOND
Salvation is God's rescue from sin and its consequences in order to live the life for which you	
were created.	
READ	
Romans 10:9-13; 1 Corinthians 15:3-4	
REFLECT	
1. How is someone saved according to Romans 10:9?	
2. Who has the potential to be saved according to	
Romans 10:13?	
3. How does Paul summarize the gospel (good	
news) in 1 Corinthians 15:3-4?	

DAY 3 - GRACE	RESPOND
Grace is God's unmerited favor towards His creation.	
DEAD	
READ Ephesians 2:1-10	
REFLECT	
1. What do verses 1-3 tell us about our life before	
salvation?	
2. According to Ephesians 2:4-7, who initiated salvation and why?	
3. What do verses 8-9 say about how we are saved?	

DAY 4 - FAITH	RESPOND
Faith is complete trust or confidence in God that results in action.	
READ Hebrews 11:1; Hebrews 11:6; 1 Peter 1:8-10	
REFLECT	
1. How does Hebrews 11:1 define faith?	
2. What does Hebrews 11:6 tell us about faith and our relationship with God?	
3. What does 1 Peter 1 say about the result of our faith in Jesus?	

DAY 5 - ASSURANCE	RESPOND
Assurance is confidence or certainty that God will keep our salvation secure and we cannot lose it.	
READ 1 John 5:11-13; John 1:12; John 10:28-29	
REFLECT	
1. According to 1 John 5, who gives us eternal life and how can we know this?	
2. According to John 1, what is our relationship to God when we believe?	
3. According to John 10, what does Jesus promise about our relationship with Him?	

WEEKLY REFLECTION

1. Summarize in your own words what you learned this week.	2. What are specific things you can do this week to apply what you've learned?		

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WEEK 2 | CHRIST-CENTERED

When an individual believes in who Jesus is and what He has done for them, their focus in life shifts from being self-focused and self-centered to Christ-focused and Christ-centered.

DAY 1 - LORDSHIP

Lordship is Christ's supreme power and rule over every area of life.

1. What do you think it mean to confess Jesus as

READ

Lord?

Romans 10:9-10; Philippians 2:9-11

REFLECT

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2. What does Philippians 2 teach us about Jesus?		
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3. Why do you think it's important to put Jochange of every area of your life?	esus in

RESPOND

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DAY 2 - ABIDING	RESPOND
Abiding is consciously living, continuing, and remaining in an obedient relationship with Christ.	
READ John 15:4-5; John 15:9-11	
REFLECT	
1. What is the metaphor Jesus uses to explain abiding?	
2. What results from the believer abiding in Jesus?	
3. Why do you think Jesus ties our obedience to	
abiding in Him?	

DAY 3 - OBEDIENCE	RESPOND
Obedience is the willful following of and compliance with the authority and commands of Jesus.	
READ	
Matthew 22:34-40; 1 John 5:1-5	
REFLECT	
1. What does Jesus list as the two greatest commands for us to follow?	
2. Why do you think Jesus connects the commands of God to loving God and others?	
3. What do you think about the phrase, "His commands are not burdensome" in 1 John 5:3?	

DAY 4 - FAITH + TRUST	RESPOND
Faith and trust are firm confidence in the ability, compassion, reliability, and strength of Jesus to	
keep His promises to us, no matter our current circumstances.	
READ	
Proverbs 3:1-8	
REFLECT	
1. According to verse 2 and verse 6, what are the benefits of trusting the Lord?	
2. What's the difference between leaning on your own understanding and trusting in the Lord (v. 5)?	
3. What is an area of your life in which you need to trust God more?	

DAY5-OLD MAN + NEW MAN	RESPOND
Old Man is who we were before Christ, and New Man is who we are after we follow Jesus.	
READ 2 Corinthians 5:17; Ephesians 4:22-32	
2 Conntinants 5.17, Epitesians 4.22-52	
REFLECT	
1. Put 2 Corinthians 5:17 in your own words.	
2. What do you think it means to "put off" the old you and "put on" the new you?	
3. According to verse 32, what is the basis for our compassion and forgiveness of others?	
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WEEKLY REFLECTION

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WEEK 3 | SCRIPTURE-LED + PRAYER-DEPENDENT

The Scriptures are the Word of God. Christ Followers become more Christ-centered as they are led by these Scriptures. The Holy Spirit guides the Christ Follower as they read, study, obey, and live according to the Scriptures.

Additionally, Christ Followers have the privilege and opportunity to experience intimacy with God through prayer, trusting, and depending on Jesus moment by moment.

DAY 1 - ROOTED

To be "rooted" means to intentionally remain firm and steadfast in your relationship with Jesus.

READ

Psalm 1:1-3; Colossians 2:6-8

REFLECT

1. According to Psalm 1, how does someone stay
"rooted" in the Lord?
2. Put Colossians 2:6-7 in your own words.

According to Cold	ossians	2:8,	what	are	things
that can "unroot" us?					

RESPOND

DAY 2 - AUTHORITY OF GOD'S WORD	RESPOND
Authority means that we believe God's Word has the final say over our lives and conduct.	
READ 2 Timothy 3:14-17	
REFLECT	
1. According to verse 15, what does Paul promise the Scriptures will do for us?	
2. Explain the four purposes of Scripture and the purpose God has for His Word according to verses 16 and 17.	
3. What are questions you have about the authority of God's Word?	

DAY 3 - THE MODEL PRAYER	RESPOND
Often quoted as the "Lord's Prayer," Jesus gives us a model or outline of how we can pray.	
READ Matthew 6:9-13	
Widthew 6.5 To	
REFLECT	
1. What does this prayer show us about God?	
2. What does this prayer show us about our need for provision?	
3. What does this prayer show us about our relationship with others?	

DAY 4 - REPENTANCE	RESPOND
Repentance is feeling remorseful for sin and choosing to live differently.	
READ	
2 Corinthians 7:10; Hebrews 6:1; 1 John 1:9	
REFLECT	
1. According to 2 Corinthians 7:10, what is the difference between godly sorrow and worldly sorrow?	
2. What does maturity look like in Hebrews 6:1?	
3. What is the promise given in 1 John 1:9?	

DAY 5 - THANKSGIVING	RESPOND
Thanksgiving is choosing to be thankful in all seasons for what God provides.	
READ Philippians 4:4-8	
REFLECT	
1. What does Paul encourage us to do when we are anxious?	
2. What specific things in your life can you be thankful for?	
3. What is the promise when we pray to God with	
thanksgiving?	

WEEKLY REFLECTION

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WEEK 4 | IN BIBLICAL COMMUNITY

Once someone becomes a Christ Follower, they become part of the body of Christ: the Church. Christ Followers are to be in biblical community within the Church by gathering, loving, serving, submitting, honoring, and forgiving one another.

DAY 1 - ONE ANOTHERS

There are 59 unique "one another" statements in the New Testament. Christians are to be intentionally engaged with each other.

1. What does Romans teach us about how we relate

READ

Romans 12:10-18; Hebrews 3:12-13

REFLECT

to one another?

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3. Why does others daily?	3:13	tell	us	to	encoura	ge

RESPOND

DAY 2 - UNITY Unity means that we intentionally remain connected to other believers despite our differences.	RESPOND
READ	
Ephesians 4:1-6; John 17:20-23	
REFLECT	
1. In Ephesians 4:1-3, what is necessary for unity in the Church?	
2. What are the "ones" Paul lists in Ephesians 4:4-6?	
3. In John 17, why does Jesus want us to be unified?	

DAY 3 - SHARPENING	RESPOND
We are to encourage, support, and challenge each	
other so we can grow.	
READ	
Proverbs 27:17; Hebrews 10:24-25	
REFLECT	
Why do we need the support of other people in our lives?	
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2. How have you been challenged to follow Jesus by other believers?	
3. What does it look like for us to practically stir someone on to love and good deeds?	

DECDOND

DAV A - CATHEDING

REGULARLY	RESPOND
We are to gather with a local group of believers so we can grow in our faith and help others grow in their faith.	
READ Acts 2:42-47; Hebrews 10:25	
REFLECT	
1. What were the habits of the first believers?	
2. What are some potential dangers of going at it alone in the Christian faith?	
3. Why do you think some people get in the habit of	
"not meeting" together?	

DAY 5 - LOVE	RESPOND
We are to show genuine love and kindness toward others in the same way Jesus has shown love and kindness toward us.	
READ	
John 13:34-35; Romans 12:9-11; Galatians 5:13-14	
REFLECT	
1. According to John 13, what is Jesus' expectation on how we are to love each other?	
2. Based on Romans 12, what does "genuine love"	
look like?	
3. Based on Galatians 5, why do you think loving	
people translates into serving them?	

WEEKLY REFLECTION

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WEEK 5 | NEXT STEPS + LIVING GENEROUSLY

To mark your life as a Christ Follower, we believe every believer should be baptized and be a part of the local Church. In turn, following Jesus compels the Christ Follower to give generously of themselves—their time, energy, and resources—so others may know, grow, and serve Jesus.

3. Have you been baptized? If so, when and where If not, why not?

DAY 1 - BAPTISM

Baptism is an outward, public declaration of an inward, private confession.

READ

Matthew 3:13-15; Matthew 28:19-20; Acts 8:12-13; Acts 8:35-36; Romans 6:3-5

1. What are the commands of Jesus in Matthew 28?

REFLECT

2. What are the benefits of going public with our faith in Jesus?

RESPOND

DAY 2 - JOINING A CHURCH	RESPOND
Committing to a local body of believers helps to ground you in a community where you are known by others and can use your gifts to extend	
God's kingdom.	
READ Romans 12:3-8; 1 Corinthians 12:14-20	
REFLECT	
1. Why do you think Romans 12 links humility with serving others?	
2. According to 1 Corinthians 12, what metaphor does Paul use to describe members of the church?	
3. Why do you think it's important for you to discover and use your gifts in the local church?	

GENEROSITY	RESPOND
Because we have been given so much, God wants us to learn the secret of generously giving away our time, talent, and treasures.	
READ Matthew 6:19-21; Deuteronomy 8:17-18	
REFLECT	
1. Why does Jesus link our "treasures" to our "hearts"?	
2. In what ways can riches cause us to become distracted from God's kingdom work?	
3. Why would someone forget God's provision and say, "My power and the might of my hand have gotten me this wealth?"	

DAY 4 - SACRIFICIAL LIVING	RESPOND
We should respond to God's grace and mercy toward us with lives dedicated to Him.	
READ Romans 12:1-2	
REFLECT	
1. What do you think it means to be a "living sacrifice?"	
2. What are some of the ways we become conformed to this world?	
3. What do you think it means for us to be transformed in our minds, and why do you think	
this is necessary?	

DAY 5 -LIVING GENEROUSLY	RESPOND
God's desire is for us to experience joy by being generous with our money.	
READ 2 Corinthians 9:6-12; 1 Timothy 6:17-19	
REFLECT	
1. Why do you think generosity is a heart issue?	
2. What are the benefits of being a generous person?	
3. What are the potential pitfalls of being a person who is not generous?	

WEEKLY REFLECTION

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WEEK 6 | OUTWARD-FOCUSED + MULTIPLYING DISCIPLES

Since the Christ Follower has experienced God's love and forgiveness through Jesus, they seek to make more Christ Followers inside the church and also take that message outside the walls of the Church to reach the lost and serve the vulnerable. Each day, read the Scripture passage(s) and answer the corresponding questions. The aim of a Christ Follower is to help others grow into lifelong learners and followers of Christ; to multiply who they are in Jesus and then help others do the same.

3. What does John describe in the scene of Heave in Revelation?

RESPOND

DAY 1-MISSION OF GOD

God is on mission to restore the people He has created to Himself.

READ

Genesis 12:1-3; John 3:16-17; Revelation 7:9-10

REFLECT

1. What did God promise to Abraham in Genesis 12?	
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0.14/6did Od. a.a.d. l. a.a.d. into the open did	
2. Why did God send Jesus into the world?	

DAY 2 - THE GREAT COMMISSION	RESPOND
God wants us to share the Good News of salvation through Jesus.	
READ Matthew 28:18-20	
REFLECT	
How does Jesus describe Himself in this passage?	
2. What does Jesus command?	
3. What is Jesus' promise to us in this passage?	

DAY 3 - THE STRATEGY	RESPOND
God uses us where we are to reach those	
around us.	
READ	
Acts 1:8	
REFLECT	
1. Where does the source of our power come from?	
2. What is the purpose of the Holy Spirit's power in our lives?	
2. Who are the people in your life right now who	
3. Who are the people in your life right now who need to hear what Jesus has done for them?	

DAY 4 - MULTIPLICATION	RESPOND
God wants us to serve others by investing in their	
lives so they can invest in others.	
READ	
2 Timothy 2:1-2	
REFLECT	
1. Why do you think Paul encourages Timothy to pass on to others what he has seen and heard?	
2. List all the people who were influential in you coming to faith in Jesus as well as those who	
helped you take your faith seriously.	
3. Why do you think so few people pass on what	
they have experienced to others?	

DAY 5 - ETERNITY IN MIND	RESPOND
God wants us to live each day with an awareness of eternal things and the conviction of the eternal	
destination of others.	
READ Matthew 7:21-27; Revelation 20:11-21:4	
REFLECT	
What does the Bible say is the destiny of those who don't know Jesus?	
2. What is the promise to those who do	
know Jesus?	
3. Why do you think it is so important for us to share our faith with others?	

WEEKLY REFLECTION

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